

# Possible Lives Map

The Possible Lives Map is about hope and possibility, not regret or blame. Think about Possible Lives you'd like to live. What careers or other ideas about the future have you considered?

Planning starts with you and where you are right now. So take a moment to consider your position.

1: On a blank piece of paper, write your current status in the center. (Keep it simple – Junior: Communications Major, Theme: Helping others) Draw a circle around your status.

2: Start brainstorming and write down Possible Lives all over the paper in no particular order – everything you've ever thought about, fantasized about, or thought would be interesting or cool to do. Draw a circle around each one and then draw a line connecting each one back to the circle in the center (YOU!)

- List at least five (5) possible lives (or more).
- Always include one blank circle for the yet undiscovered career.
- Don't censor your ideas!
  - No limitations other than basic laws of physics or physiology
  - Don't consider whether you have the education or talent
  - Don't consider the salary (or lack thereof)
  - Jot down your ideas even if you "know" they're unrealistic

3: When you're done writing down your possible careers, write down the themes that are apparent.

